



High School Café Breakfast Menu

October 2017

02

Cinnamon French Toast
Egg, Cheese, & Chicken Sausage Burrito
Breakfast Sausage Pizza
Egg & Cheese English Muffin

03

Blueberry Bagel
Cheese, Egg & Chicken Ham Tortilla Roll Up
Turkey Pancake Wrap
Cheddar Cheese Omelet with Whole Grain Toast

04

Cinnamon Breakfast Round
Egg Omelet & Toast
Egg, Chicken Ham & Cheddar Flatbread
Breakfast Sausage Pizza

05

Cinnamon Sugar Whole Grain Donut
Cheese & Chicken Sausage Quesadilla
Country Chicken Biscuit
Turkey Pancake Wrap

06

Benefit Bar
Denver Egg & Cheese Frittata with Toast
Breakfast Sausage Pizza
Cheesy Chicken Ham Biscuit

09

Whole Grain Waffles
Biscuits & Gravy
Breakfast Sausage Pizza
Egg Omelet with Whole Grain Toast

10

Glazed Whole Grain Cinnamon Roll
Huevos Rancheros
Country Chicken Biscuit Cheesy Chicken
Sausage & Egg Burrito

11

Cinnamon Breakfast Round
Cheesy Chicken Ham Egg Bake
Breakfast Sausage Pizza
Egg Chicken Ham & Cheddar Flatbread

12

Whole Grain Pancakes
Scrambled Eggs & Sausage
Country Chicken & Cheese English Muffin
Breakfast Sausage Pizza

13

NO SCHOOL

16

Cinnamon Sugar Whole Grain Donut
Chicken Ham & Potato Strata
Egg & Cheese Muffin
Breakfast Sausage Pizza

17

Whole Grain Pancakes
Egg & Cheese Omelet
Turkey Pancake Wrap
Egg, Bacon, Cheddar Flatbread

18

Benefit Bar
Cheese & Chicken Ham Tortilla
Chicken Sausage & Cheese Biscuit
Breakfast Sausage Pizza

19

Glazed Whole Grain Cinnamon Roll
Cheesy Chicken Ham Biscuit
Turkey Pancake Wrap
Cheesy Egg Panini

20

Cinnamon French Toast
Cheesy Chicken Sausage & Egg Burrito
Egg & Cheese Muffin
Breakfast Sausage Pizza

23

Whole Grain Pancakes
Cheese & Chicken Ham Tortilla
Egg & Cheese Muffin
Breakfast Sausage Pizza

24

Glazed Whole Grain Cinnamon Roll
Breakfast Quesadilla
Country Chicken & Cheese Muffin
Turkey Pancake Wrap

25

Blueberry Bagel
Scrambled Egg & Cheese
Breakfast Sausage Pizza
Egg & Chicken Ham & Cheddar Flatbread

26

Benefit Bar
Cheesy Ham & Egg Panini
Cheesy Ham Biscuit
Turkey Pancake Wrap

27

Blueberry Waffle
Chicken Ham & Potato Strata
Egg Omelet
Breakfast Sausage Pizza

30

Benefit Bar
Spanish Frittata
Egg Omelet
Breakfast Sausage Pizza

31

Vanilla Glazed Whole Grain Donut
Cheesy Chicken Ham & Egg Panini
Cheesy Egg Biscuit
Turkey Pancake Wrap

01

Cinnamon French Toast
Cheese & Chicken Ham Tortilla
Egg, Chicken Ham & Cheddar Flatbread
Breakfast Sausage Pizza

02

Whole Grain Pancakes
Cheesy Chicken Sausage & Egg Burrito
Sausage, Egg & Cheese Bagel
Turkey Pancake Wrap

03

Chocolate Chip Breakfast Round
Biscuits & Gravy
Breakfast Sausage Pizza
Egg & Cheese Muffin

Daily Offerings...

100% Fruit Juice and Variety of Whole Fresh Fruit

1% Unflavored Milk & Unflavored Skim Milk

Hash brown Patties

Variety of cereal, cereal bars, puff pastry squares, crackers, yogurt and cheese.

Start your day off right and Enjoy a FREE breakfast daily!!!

Join us for breakfast in the Main Café for hot breakfast and grab n go items or The School Korner Store for yogurt smoothies and grab n go items.